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FOR IMMEDIATE RELEASE

February 6, 2018

Lake County's Most Empowering 5K Fights Domestic Violence

The 6th annual event brings together families, friends, supporters, and survivors on May 5, 2018

LAKE COUNTY, IL – A Safe Place, Lake County's sole provider of services exclusively focused on domestic violence victims and their children, will host the EmpoweRun 5K Run/Walk on Saturday, May 5, 2018 at 9am at Independence Grove in Libertyville.

The 6th Annual event brings together athletes of all abilities together to support the fight against domestic violence. Participants are encouraged to register in advance to receive reduced rates, including a special rate for kids 5 and under. Registration is available up until the day of the event.

Running enthusiasts, families, men, women, children, businesses, and partners are all invited to participate or attend the event to support the organization's lifesaving services to victims and their children and raise awareness of violence in our communities.

As always, participants are encouraged to form a team, bring together friends and family, and challenge themselves to complete the course and raise additional funds by using the website to solicit pledges for their team.

Supporters don't have to live in the Chicagoland area to participate. Anyone can be an out of town participant by registering as an "Invisible Runner" anywhere in the country.

Pre-registration for the 5K run/walk is \$35, \$45 the day of the event. Children under 5 are \$10, \$20 the day of the event. All runners will receive a t-shirt and goody bag. Our overall race winners and winners in each age group will be recognized as part of an awards ceremony at the end of the race.

For more information or to register for the EmpoweRun 5K, please visit www.asafeplace.dojiggy.com. Sponsorship opportunities are available, please contact Carmen Patlan, Director of Development, at cpatlan@asafeplaceforhelp.org or (847) 731-7165 ext. 109. A full list of A Safe Place's programs and services can be found at www.asafeplaceforhelp.org.

Photo 1:

Last year's EmpoweRun 5K drew over 400 participants.



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Founded in 1978, A Safe Place is the leading advocate for eliminating domestic violence in northern Illinois, and is Lake County, Illinois' only provider of services exclusively for victims of domestic violence. A Safe Place provides emergency shelter, permanent housing, a 24-hour crisis line (847-249-4450), court and non-legal advocacy, individual, group, and children's counseling, art therapy, family visitation services, batterer intervention services; and community outreach, prevention education, and professional training. Our service area includes Lake, McHenry, and northern Cook counties in Illinois; however, our clients come to us from across the state, region, and country.

For more information about A Safe Place, visit www.asafeplaceforhelp.org, [Facebook](#), and [Twitter](#).