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FOR IMMEDIATE RELEASE

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State's Attorney Proclaims A Safe Place Day for 5th Annual 5K EmpoweRun

The EmpoweRun helps raises funds to save and transform lives after domestic violence

LAKE COUNTY, IL – Lake County State's Attorney Mike Nerheim has proclaimed Saturday, May 6 A Safe Place Day. On that day, A Safe Place will host the EmpoweRun 5K Run/Walk at 9am at Independence Grove in Libertyville. The EmpoweRun is the oldest and largest walk/run for domestic violence in Lake County.

"Domestic Violence continues to be a significant issue that affects our entire community," said Lake County State's Attorney, Mike Nerheim. "Far too many people live in the shadows, fearful of coming forward. We want those people to know that there is a network of support out there for them. A Safe Place has helped countless men, women, and children, and I am proud to continue working with them. By coming together as a community, we can bring real solutions to this complex issue."

A Safe Place is Lake County's sole provider of services exclusively focused on domestic violence victims and their children. The 5K brings together men, women, children, businesses, and partners to support the organization's lifesaving services to victims and their children, assistance in transforming lives after domestic violence, preventing future abuse by addressing its root cause through abuser intervention programs, and education in the community about ending domestic violence.

For 38 years, A Safe Place has served victims of domestic violence and educated Lake County and beyond about the devastating effects of abuse. Last year, they served over 13,000 community members.

By running as an individual or forming a team or even registering as an “Invisible Runner,” community members can help raise funds to help deliver life-saving shelter, counseling, and crisis support to our neighbors experiencing domestic violence. Runners are encouraged to collect pledges from family, friends, and coworkers to help reach the fundraising goal of \$65,000.

For more information or to register for the EmpoweRun 5K, please visit www.asafeplace.dojiggy.com. Sponsorship opportunities are available, please contact Carmen Patlan, Director of Development, at cpatlan@asafeplaceforhelp.org or (847) 731-7165 ext. 109. A full list of A Safe Place’s programs and services can be found at www.asafeplaceforhelp.org.

Photo 1:

Last year’s EmpoweRun 5K drew over 300 participants.



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Founded in 1978, A Safe Place is saving and transforming lives after domestic violence. A Safe Place is the leading advocate for eliminating domestic violence in northern Illinois, and is Lake County, Illinois’ only provider of services exclusively for victims of domestic violence. A Safe Place provides emergency shelter, permanent housing, a 24-hour crisis line (847-249-4450), court and non-legal advocacy, individual, group, and children’s counseling, art therapy, family visitation services, batterer intervention services; and community outreach, prevention education, and professional training. Our service area includes Lake, McHenry, and northern Cook counties in Illinois; however, our clients come to us from across the

state, region, and country.

For more information about A Safe Place, visit www.asafeplaceforhelp.org, [Facebook](#), and [Twitter](#).